



a place of mind

# Map Your Happiness



Help UBC Psychology's Behavioral Sustainability Lab build a heat map of happiness across UBC.

Complete a 5-minute survey to find out how your environment influences your well-being. [ubc-happiness.com](http://ubc-happiness.com)

**November 7, 2014**

**12:30 - 3:30 PM**

**2nd Level Foyer, Irving K. Barber  
Learning Centre**

The word 'Thrive' in a bold, dark blue font, with a sunburst graphic behind the letter 'i'. The sunburst consists of several thin black lines radiating from a central point, and a thick yellow diagonal band passes behind the text.

**Thrive**

[thrive.ubc.ca](http://thrive.ubc.ca) BUILDING POSITIVE MENTAL HEALTH FOR ALL